



# Practical guide Deliverance Ministry

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Through **you**

**I** am saying  
to *the* prisoners  
of **darkness**,  
'**Come out**,  
into the

**light**!' **I** am

giving **you**  
your **freedom**!

They **will** be **my**  
sheep, *grazing* in

**green**  
*pastures* and on  
hills that **were**  
previously **bare**



Alive Ministries South Africa

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My fellow South Africans, beloved,

Our Lord Jesus is more than a Saviour, He is also our Deliverer. Many of God's people (the Church) are living in captivity, because a lack of knowledge of their true identity in Christ. Alive Ministries South Africa provides practical, free out of print biblically teachings & studies by which church and ministry leaders discover their true identity in Christ and are able to lead their people out of captivity into freedom, so that those ministries become healthy healing places making a powerful impact for Christ on their communities.

"You will open the eyes of the blind. You will free the captives from prison, releasing those who sit in dark dungeons (Isaiah 42:7)". "Through you I am saying to the prisoners of darkness, 'Come out, into the light!' I am giving you your freedom! (Isaiah 49:9)". Say to those who are afraid, "Be strong, and do not fear, for your God is coming to destroy your enemies. He is coming to save you." (Isaiah 35:4).

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This practical guide is a summary of all published studies regarding Deliverance Ministry on our website and will lead you step by step through the process of deliverance. In addition you will find a real case with some prayer of deliverance and information how to keep your deliverance and much more.

## 1. Finding a qualified minister.

**A balanced minister:** If a minister is quick to say that all your problems are demonic, without knowing anything about your situation, then I would be cautious. Some people see a demon under every rock, but I am careful not to blame everything on the demonic. On the other hand, I am not one to write everything off as non-demonic problems either. If there's a demon, I'd certainly like to see it, so I can get it out!

**A knowledgeable minister:** A complete deliverance ministry should be knowledgeable and work in three main areas of ministry: Strongholds (tearing down incorrect thinking patterns), legal grounds (taking away the enemy's right to bother you) and then the casting out part (which requires faith and is exercised by commanding the demons to come out).

**A trained minister?** If you can find a minister who has come through a training program, you will have a better chance of reaching somebody who is trained, experienced, and educated in this ministry. However, there are many who haven't been through these programs that are very good and effective in this ministry, so this is by no means a requirement in my eyes to be certified or trained, but it can certainly help. I know there are a lot of very qualified ministers who have never been trained or been involved in a group of ministers at all.

## 2. Preparing for your deliverance.

**Is prayer and fasting a good idea?** Absolutely! It's obvious that prayer and fasting brings our faith levels up and helps us to cast out demons. Jesus said that some demons are so strong that prayer and fasting is required because a higher level of faith is required to cast them out, which is obtained through prayer and fasting.

**Tear down any known strongholds ahead of time:** Believe it or not, deliverances can be held up simply by incorrect thinking patterns. If you see God as anything less than a loving Father who loves you, or if you don't feel like a victorious Christian, then you most

likely have one or more strongholds to tear down. More information can be found in the "Strongholds" teaching.

**Rip up any known legal grounds ahead of time:** This will be addressed in your deliverance session, so why not clear the brush ahead of time? Legal grounds are things in our lives that have given or are giving the demons the 'permission' to bother us. Things like unforgiveness (Matthew 18:23-35), unconfessed sins (1 John 1:9), soul ties (1 Corinthians 6:16), etc. can give demons the 'permission' to influence and gain power over us. You can break up these legal grounds by repentance, renunciation, destroying cursed items, etc. There are times when this is best addressed in the presence of a deliverance ministry, simply because you may meet demonic resistance while trying to renounce or repent or break legal grounds. If you have been involved in Satanism, or have some heavy duty bondages to be delivered from, then you might best break the legal grounds with your deliverance minister nearby. More information can be found in the "Demonic legal rights" teaching.

**Become educated:** This will set your mind at ease, and safeguard you against ministers who aren't experienced or educated themselves in this ministry, and end up causing more harm than good (like putting fears in people that are wrong, false and unnecessary). Read our studies "The Ministry of Deliverance", "Biblical steps to inner healing", "Strongholds", "Demonic legal rights", "Your spiritual authority", "Demon possession" and "Three stages of bondage". This will take approximately 1 or 2 hours.

### 3. Deliverance questionnaires

Often a deliverance questionnaire can be very helpful in getting an idea of what to look for in a deliverance session. Fill in the "Deliverance Questionnaire". By doing this you will receive a bigger and comprehensive picture regarding the strongholds, demonic bondages and legal grounds that may need to be addressed. Pray that the Holy Spirit will reveal everything necessary for a comprehensive deliverance.

Even if you go through and break off all the legal grounds and tear down all the strongholds you can find, this does not mean you can hide those things from your minister when seeking a deliverance. It is still important that you communicate all the things you find with your minister. If he can see how you got into bondage and what doors were opened, he will be in a much better position to help you get out of it. If he knows what doors were opened, he will often be able to tell you what spirits would take advantage of those doors, and therefore he knows which ones to go after and cast out.

### 4. Watching out for the pitfalls

Although the deliverance ministry has helped countless people be set free from problems this world cannot solve, there are of course, some people walk away from deliverance sessions discouraged, confused and still in chains. Some people have actually felt hurt by people in the deliverance ministry. One reason for this is because some people simply do not minister in love and compassion, and end up creating unnecessary fears that are based on lies and false teachings. Deliverance ministers, like any other kind of minister, are still people, and some of them don't minister the way they should.

**Fear-driven ministries:** One thing that I like to watch out for, is fear-driven ministries. I call them fear-driven, because they often put a lot of fear into people that is NOT from God, and is completely unnecessary. They don't show you the love of Christ and build you up, instead they are good at giving you warnings and telling you how serious of a condition you are in, or how badly you messed up and how serious your sin is, etc. They tell you that if you aren't careful, the demons will return and you'll be worse off the second time than the first (which is true if you are an unbeliever, but that doesn't apply

to believers). They give you the impression that your in serious danger and if you don't follow their instructions to the tee, you aren't going to be set free. They overall speak a lot of fear and condemnation to you, which can set you on the edge of your seat sometimes. By the time you are done, you could be worse off then before, because of all the false lies and deception they feed people who are in bondage. I like to keep 95% of my attention on God's goodness, and 5% on kicking the enemy out. True deliverance ministry is well worth the wait!

**Don't rush!!** The ministry of deliverance is not just a quick action. Satan wants you to make mistakes to keep his legal rights to continue to torment you. Take your time and do things carefully. Go for "fruit that remains". Inner healing and tearing down strongholds is a process and generally can't be done just in one deliverance session. Removing legal rights and casting out the demons is generally done in this one session.

Some ministers like to begin by rebuking demons, and completely ignoring the legal grounds and strongholds. Demons can manifest, go back under, and the person ends up confused, and doesn't know what to think. It's an emotional shock that can leave the person confused if they don't understand what is going on or what happened. I believe that either we should start out with prayer (which brings things to the surface), or start out by uncovering legal rights and strongholds through deliverance counseling, but not start out by rebuking demons (unless that's what the Lord specifically tells us to do that).

If you are educated yourself in this ministry, you will know what is going on, and be on guard for those few ministers who don't minister correctly, and would normally cause more harm then good. I am very confident that if you have a handle on things ahead of time, it will change the whole atmosphere and make you as calm as a cucumber when being ministered to, and put you in a position where you could encounter a would-be confusing situation, and come out laughing and taking things with a grain of salt. So my advice is to get educated! Read those studies I mentioned earlier! :)

### 5. Preparing the deliverance session.

Prepare the deliverance session carefully. Find herewith an example of a deliverance session. There is not just one perfect structure, so be creative, relax, feel free and let the Holy Spirit guide you, the Lord is watching your heart and motives. For privacy reasons we choose a fake name in this example "John".

<b>Our Lord Jesus is more than a saviour, He is also our deliverer. He is the key to the places of darkness.</b>
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<b>1. Prayer:</b> Father in heaven, we acknowledge your presence at this point in our lives. You are the only omniscient, omnipotent and omnipresent. We depend on you, because without Christ we can do nothing. We recognize that all authority in heaven and on earth is given to the resurrected Christ. Because we are in Christ and in Christ the fullness of God lives in our human body, we also share that authority in order to make disciples and set captives free. We ask you to fill us with your Holy Spirit and to lead us in the full truth. We pray for your complete protection and ask for your leadership. In the mighty name of Jesus, Amen.
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<b>2. Read and proclaim aloud (In the name of Jesus Deliverance will be successful):</b>
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| <ul style="list-style-type: none"><li>▪ Jesus called his twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness. (Matthew 10:1).</li><li>▪ <b>The truth will set you free:</b> And you will know the truth, and the truth will set you free. (John 8:32).</li><li>▪ <b>In His mighty name:</b> When the seventy-two disciples returned, they joyfully reported to him, "Lord, even the demons obey us when we use your name! (Luke 10:17).</li></ul> |
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- **Our authority! Don't ask, just command:** Heal the sick, raise the dead, cure those with leprosy, and cast out demons. Give as freely as you have received! (Matthew 10:8)! These miraculous signs will accompany those who believe: They will cast out demons in my name, and they will speak in new languages (Mark 16:17). Authority is also a result of believe added with faith.
- **Our salvation & only glory to God:** The Lord now chose seventy-two other disciples and sent them ahead in pairs to all the towns and places he planned to visit. But don't rejoice because evil spirits obey you; rejoice because your names are registered in heaven. (Luke 10:1,20).

**3. Confession, determined to serve Him (read aloud):** ...that we, being delivered from the hand of our enemies, might serve Him without fear, in holiness and righteousness before Him all our days. (Luke 1:74-75). This is our desire and our commitment!!

**4. Deliverance text (read aloud):**

**a. Repentance & forgiveness:** *Lord I confess my sins that for a period of three years I walked alone and ignored You, I was often negative, wasting my time and brought my parents many sorrows. Many times I made myself dirty with Porn on the internet. Lord, forgive all my sins in Jesus name. Lord according to Galatians 5:24 I belong to Christ Jesus and nailed the passions and desires of my sinful nature to His cross and crucified them there. The blood of Christ has washed me clean. Satan, the accuser has no legal rights on me anymore, and according to Galatians 5:18 I am directed by your Spirit, and not under obligation to the law anymore. Lord restore the consequences of my sins, for You are not only my Savoir but also my Deliverer. In addition, I forgive all those who have affected and hurt me, especially those much negativism in the church I have experienced in my formal church. Before this session John asked his parents to forgive him for his behaviour those three years. They gladly forgive him!*

**b. Breaking the occult:** *Lord forgive me for I have had unconsciously occult influences out of the friendship with my last girlfriend. I reject / disconnect here and now all the influences of the occult objects and any possible soul ties with this woman in the name of Jesus. I will remove all attributes I received from her, knowing there is an occult influence from Buddhism from her ancestors. As someone who is delivered from the power of darkness and transferred into the kingdom of God's beloved son, I remove all demonic ties and burdens that are passed on to me by this relation and attributes in the mighty name of Jesus. I acknowledge and proclaim that there is only one true and living God (Ex.20 :2-3), The great I AM, THE NAME ABOVE ALL NAMES.*

**c. Curses from parents / ancestors (blood band):** *I repent and ask forgiveness for all sins in my parents / ancestors life that have resulted in a curse in my life and confess that the blood of the Lord Jesus cleanses me from all sins. I reject here and now all the sins of my ancestors. As someone who is delivered from the power of darkness and transferred into the kingdom of God's beloved son, I now renounce, break and sever all demonic / unholy (soul) ties between myself and my parents / ancestors (in particular the spirit of depression), I take authority and break any and every curse upon my life in the mighty name of Jesus. In the name of Jesus I command you spirit of depression: come out. As someone who has been crucified and raised together with Christ Jesus and who is seated with Him in the heavenly realms, I reject any satanic plan or contracts against me and my ministry and I break any curse Satan put on me, in the mighty name of Jesus. I declare against Satan and his evil forces that Jesus Christ took upon Himself the curse for our wrongdoing when He died for us on the cross (Galatians 3:13). I reject any claim Satan could have on me. I belong to Christ Jesus Who bought me with His own blood. I reject any blood sacrifices by which Satan could claim me. I declare that I am completely and eternally dedicated to my dear Lord Jesus Christ. With the authority I have in Jesus Christ, I command every enemy and guided spirit in or around me, to leave. From now on I will serve Him without fear, in holiness and righteousness all my days.*

**d. Spoken curses:** *Lord I repent and confess my sins that I have said many times: "I wish I was dead" and "why did you put me on earth". Lord forgive. I the name of Jesus*

*I reject and break any claim or curse from Satan as a result of these words of mine.*

**e. Compulsive acts, anxiety disorders:** *In the name of Jesus Christ, I renounce, break and sever all demonic ties that are connected to me regarding my fears, obsessions and compulsive actions and binding fear. I hereby proclaim the fullness of Christ in me with lasting results: love, peace, wholeness and freedom.*

**f. Inner healing:** To be done by John himself according to the study "Biblical steps to inner healing".

**g. Tearing down strongholds:** 1. view of the church. 2. Own view (find himself often a burden to others, can't built up a useful and fruitful life, fear for binding to other persons, etc.). 3. View of God (severe God, John thinks he is not allowed to ask Gods assistance now for he let the Lord wait for so many years). 4. Struggle with his sins (see also Galatians 5). To be done by John himself according to the study "Strongholds".

**h. General comprehensive deliverance statements for John:** *As a child of God, seated with Christ in the heavenly realms, and in the name of Jesus Christ and His authority, I command Satan and all evil spirits to leave me. As a result I will be free and may decide to do the will of my heavenly Father. I declare that I want to dedicate myself to the will of God and my body will be subject to my heavenly father, as a living sacrifice, as a instrument for justice. I refuse to be intimidated by the lies of Satan or that he will force me to physical torture. I am a child of God and evil can not touch me. In addition, I command each plan that in the kingdom of darkness is made against me to become totally confused. I declare these plans to become a ruin and destroy them in the name of the Lord Jesus. And then I read Isaiah 44:24-26: This is what the Lord says—your Redeemer and Creator: "I am the Lord, who made all things. I alone stretched out the heavens. Who was with me when I made the earth? I expose the false prophets as liars and make fools of fortune-tellers by causing events to happen that are contrary to their predictions. I cause the wise to give bad advice, thus proving them to be fools. But I carry out the predictions of my prophets! By them I say to Jerusalem, 'People will live here again,' and to the towns of Judah, 'You will be rebuilt; I will restore all your ruins!'*

**5. Prayer** that John will be filled up with the Holy spirit, prayer for protection and strength and to keep the deliverance and healing. Also a prayer of thanksgiving that today a new generation has been raised within John who is dedicated to the Lord.

**Praise the Lord!!!** ...that we, being delivered from the hand of our enemies, might serve Him without fear, in holiness and righteousness before Him all our days. (Luke 1:74-75). This is our desire and our commitment!!

I also like to share just one part out of another deliverance session. This is a new method I learned from Ana Méndez Ferrell and successful used for the deliverance of a boy child. For privacy reasons we choose a fake name in this example "Melvin".

**Autism Melvin:** *We believe that Melvin is a captive of himself, in a world that it is allocated to him in the spiritual world (through bondages of the parents). **Step 1**, we are entering the regions of light (Isaiah 49:9): I will say to (Melvin) the prisoner, 'Come out in freedom,' and to those (Melvin) in darkness, 'Come into the light.' We are taking Melvin by the hand and lead Melvin out of prison and leave this place of captivity. **Step 2**, we lead Melvin now into the areas of light (Isaiah 42:16): And I will lead the blind (Melvin) in a way that they do not know, in paths that they have not known I will guide them (Melvin). I will turn the darkness before them (Melvin) into light, the rough places (for Melvin) into level ground. These are the things I do, and I do not forsake them. **Step 3**, we lead Melvin to a place of peace and security (Isaiah 32:18): My people (Melvin) will live in an oasis of peace, a safe home, a place of undisturbed rest.*

Please note: I would advise the deliverance will be read aloud only by the one who has to be delivered (or parents in case of a young child) and not by the deliverance minister. For the one to be delivered this will be very encouraging, for we all have the authority in the mighty name of Jesus and next time they can handle it themselves and help others

too, without the help of the deliverance minister. On the other hand, if you doubt about the maturity of the authority of the one to be delivered, do it together.

### **Some more deliverance prayers:**

- In the Name of Jesus Christ and by the power of His blood, I renounce the spirits of hatred and vengeance, and freely forgive all those who have ever wronged or abused me, and ask in turn that I may be freely forgiven for all the wrong that I have done in my life, asking that Jesus strengthen me to do this. I place all my pain and hurts at the foot of the Cross and ask to be washed clean by the blood of the Messiah/Christ.
- I hereby renounce and repent of all the works of the devil, and break all pacts, covenants and agreements that I have ever entered into, whether by compulsion or by my own free will, or those made by others, together with the occult practices of my forefathers, in the Name of Jesus Christ and by the power of His blood.
- I call upon Jesus' Angels to protect me and be my shield.
- I hereby command in the Name of Jesus all evil spirits to be silent.
- In the Name of Jesus Christ and by the power of His blood, I hereby break the control and dismantle the strongholds that Moloch, Hecate, \_\_\_(list all other known demons)\_\_\_ and other demons that have exercised a hold upon me.
- In the Name of Jesus Christ and by the power of His blood, I hereby bind and cast out (Moloch/Hecate/etc), and all the other demons that are within me, or have afflicted me, and consign them to the lake of fire, or to wherever Jesus shall send them.
- In the Name of Jesus Christ, I plead His blood upon any satanic implants within me, that they may henceforth be deactivated and rendered useless until such a time as I can have them surgically removed.
- In the Name of Jesus Christ and by the power of His blood, I place the blood of atonement between myself and all generational sins and curses, both those which I am aware of and those which I am not, breaking all psychic heredity and any demonic hold on my family line as a result of the disobedience of my parents and ancestors, alive and dead, forever.
- In the Name of Jesus Christ and by the power of His blood, I dissolve all ungodly sexual bonds established with my parents and others who have abused me, washing away all guilt and responsibility.
- In the Name of Jesus Christ and by the power of His blood, I break the bonds of all false religion and priest craft, magical links, initiations and coven connections, and yield myself only to Jesus and His Word.
- I invite your Holy Spirit to enter and fill me in Jesus Name and to cleanse out ALL the darkness within me, and to be my spiritual covering this day forth and forevermore.

### **Summary prayers:**

- In the Name of the Lord Jesus Christ, and by the authority I possess as a believer in Him, I declare that I am redeemed out of the hand of the devil.
- The blood of Jesus, is cleansing me now from all sin.
- Through it I am made righteous Yahweh's sight, just as if I had never sinned.
- I belong to the Messiah/Jesus Christ, body, soul, and spirit.
- His blood protects me from all evil.
- In the Name of Jesus I rebuke any and all of the lying and deceitful spirits of ... (list such things as occultism, Satanism, spiritualism, familiar spirits, astrology, tarot, etc.)... which may think that they still have a claim on me or my family.
- In Jesus Name I renounce those spirits of Satan and declare that you have no power over any part of me any more for I am bought and paid for by the blood of Jesus shed on Calvary.
- I renounce any and all oaths [if any] made by me or over me at Satan's altar - known or unknown - in Jesus' holy Name, and by the power of His shed blood.

- I ask the Lord Jesus Christ to break any covenants, contracts, dedications, commissions or consecrations made by me or over me by others at the altars of Satanism/Witchcraft - known or unknown - and to bring the full power of the Cross, the Resurrection, the Ascension, the Glorification and the Second Coming of Jesus to destroy their power over me.
- I also renounce any generational sin and bondage which may be oppressing me through oaths made by my parents or ancestors and ask the Lord Jesus to cleanse the generational lines by His shed blood.
- I nail all these things to the cross of Christ.
- Because of the blood of Jesus, Satan has no more power over me or my family and no place in us.
- I renounce him and his hosts completely and declare them to be my enemies.
- In the Name of Jesus, I exercise my authority and expel all evil spirits.
- I now expose all enemies of the Messiah/Jesus Christ operative against me (or my children).
- I sever you, spirits from Satan, and any power over you. By the power of the Name of the Messiah/Jesus Christ, I remove your right to afflict me (or my children) and proclaim your judgment.
- In the authority of Messiah/Christ, I bind all evil spirits present together.
- I command you to go where the Messiah/Jesus Christ sends you by the voice of His Spirit.
- I command them to leave me now, according to the Word of God and in the Name of Jesus.
- I also ask You, Father, to shut any doorways of demonic access which have been opened into my life, by any sins or abuses, at any time, in any way - and I ask You to seal those doorways forever by the Blood of the Lamb, shed on the cross at Calvary. I thank you for doing this in Jesus' mighty Name. Forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Messiah Jesus Christ' (Phil.3:13-14). Amen.

### 6. Different deliverance models.

There are different ways in which people will minister deliverance. Some people will begin simply by laying hands on you and praying over you. Demons often manifest, and the minister will likely ask for their name and how they got there. Then the demons are commanded to go back down, so that the minister can speak with you concerning the strongholds or legal grounds that the demon revealed which needs to be dealt with. Once the legal grounds are broken and the strongholds are torn down, the minister will command the demons to leave in Jesus' name. My preferred method of deliverance ministering is to first try to learn of any strongholds or legal grounds that needs to be addressed, tear down the strongholds, break up the legal grounds, and command the demons to come out. I know there are successful deliverances that take place either way, so I am not against one method or another. I usually promote the breaking of legal grounds and the tearing down of strongholds before attempting to cast out demons. This is a very effective way of ministering a smooth deliverance, and many new ministers in this field can easily minister deliverance this way once they have an understanding of strongholds and legal grounds.

### 7. What to expect and not to expect.

**More than one demon:** It is not very common that a person only needs deliverance from just one demon. There's often a nest of them working together, such as murder, suicide and hate all in the same package. It is not uncommon for the minister to deal with one, and another one surfaces. The minister should continue casting out the spirits until the whole nest is cleaned out.

**More than one deliverance session:** Do not expect a complete 100% deliverance in one session. It may happen, and it's not uncommon, but it's also common to go through multiple deliverance sessions before the person is completely set free. Don't expect one deliverance session to solve all your problems. And don't expect every minister to have the faith to cast out every demon, because some of Jesus' own disciples ran into demons they couldn't cast out either. Sometimes it may be a heavy enough situation where the minister himself may need to prepare with prayer and fasting before casting the demons out.

**Demonic manifestations:** Some deliverances will involve the demons manifesting, while other sessions may not include any manifestations at all. Whether or not a demon manifests is not a sign of a successful deliverance, because in one deliverance session there may be no manifestations, and the person walks away free, and in other deliverance session there may be several manifestations, and yet the person walks away still in bondage. Do not expect manifestations. They may come, they may not, but that's not a sign of a successful deliverance.

**Demonic resistance:** Another thing that is common in this ministry, is to see demons try to fight the deliverance by telling the person that the deliverance minister doesn't really care about them, they are going to be hurt, they won't really get set free, etc. You can expect the enemy to put up smoke like this before you when seeking your deliverance... don't pay any attention to it!

**How to tell if your deliverance was successful:** If a demon manifests during your deliverance, that's a good sign, but it never can be used to say whether or not the deliverance was successful. If you feel the difference afterwards, that's what you are supposed to look for as an indicator of a truly successful deliverance. Let's say you were struggling with suicide urges... if you walk away from your deliverance, and you're still struggling with no difference then before, then you need to continue seeking deliverance.

And don't forget the purpose of deliverance: *"...that we, being delivered from the hand of our enemies, might serve Him without fear, in holiness and righteousness before Him all our days (Luke 1:74-75)"*. The Ministry of Deliverance is not just only a quick win, the Lord wants to teach us and is testing us to make us strong to be ready for anything. The Ministry of Deliverance and living a holy live are not mutually exclusive, but complementary. In both processes we often experience resistance and we have to keep our victory and deliverance. It is a path of patience, struggle, faith, endurance, etc. Following verses are underlining this: *"For examples of patience in suffering, dear brothers and sisters, look at the prophets who spoke in the name of the Lord. We give great honor to those who endure under suffering. For instance, you know about Job, a man of great endurance. You can see how the Lord was kind to him at the end, for the Lord is full of tenderness and mercy (James 5:10-11)"* and *"Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete (strong in character), needing nothing (and ready for anything) (James 1:2-4)"*.

### **8. How to keep your deliverance.**

Don't be foolish and re-open the doors to the enemy that landed you in bondage in the first place. If you got burned by watching demonic films such as the Exorcist, then use common sense and don't go back and begin watching those sort of films again. If you got burned by reading ghost stories, then please, don't read them anymore! Use your head! :)

Continue to grow in your relationship with your heavenly Father. He loves you! Get out your Bible each day and spend time in prayer and Bible reading each day to keep yourself built up. This will help safeguard you against the enemy when he tries to rebuild strongholds in your life. Continue to feed yourself on God's Word, and strongholds will have an awfully hard time trying to go up. Strongholds are one of the enemy's entry points into our lives, so feeding on God's Word can prevent these strongholds from being built in the first place.

### **9. What, if someone is not open for deliverance.**

Sometimes we face situations where we love to see people free, but we can not reach them, or they are not open for deliverance or refusing. This can be also the case for parents when one of their beloved kids went astray. Are we able to deliver people without themselves? Well, I am just in the beginning of the process to learn more about this, but I got already some experiences and learned some ways to prepare the process of deliverance for those not (yet) willing.

A. For sure the prayer of the saints are powerful, our Lord reigns and will show up everywhere where we expect Him to be.

B. We can travel in the spiritual realm together with angels into someone's heart and preach there. The Holy Spirit confirmed this process to me by leading me to Song of songs 5:2,4-6: *I slept, but my heart was awake, when I heard my lover knocking and calling: "Open to me, my treasure, my darling, my dove, my perfect one. My head is drenched with dew, my hair with the dampness of the night. My lover tried to unlatch the door, and my heart thrilled within me. I jumped up to open the door for my love, and my hands dripped with perfume. My fingers dripped with lovely myrrh as I pulled back the bolt. I opened to my lover, but he was gone! My heart sank. I searched for him but could not find him anywhere. I called to him, but there was no reply.* The Holy Spirit revealed me that this was exactly the process of virtual communication in the spiritual realms. I had these experiences with positive outcome (in the seen world) of that what was preached by me in the unseen world. Imagine you as parents can preach direct into the heart of your (closed) child or into the heart of your beloved ones!

C. In the book "regions of captivity" of Ana Méndez Ferrell, she is teaching us how to deliver people by going down (in the spirit) into dark dungeons of hell together with angels to lead captives out of these real prisons in the dark side of the spiritual world. I am in the enterprise stage for this method.

D. We can tie demons on distance for a period according to *"And I will give you the keys of the Kingdom of Heaven. Whatever you forbid on earth will be forbidden in heaven, and whatever you permit on earth will be permitted in heaven (Matthew 16:19)", "For who is powerful enough to enter the house of a strong man like Satan and plunder his goods? Only someone even stronger—someone who could tie him up and then plunder his house (Matthew 12:29)" and "until someone even stronger attacks and overpowers him, strips him of his weapons, and carries off his belongings (Luke 11:22)".* The last two verses are also about casting out demons. Recently I applied this authority by binding a demon of suicide on distance in someone. I heard that two hours later a miraculous change has taken place in this person's life and the peace of the Lord has entered in stead of the spirit of suicide. Praise the Lord! In this manner (by binding the demons) you are able and allowed to create a period of rest in someone's life to be able to breathe and get out the difficult situation. Read also my study "We R spiritual" and discover who you really are, your spiritual position and abilities in a spiritual Kingdom to serve one another with power and in love.

E. An important task of angels is to bring messages (Acts 10:1-3, 27:23 and much more). *Angels are ministering spirits sent forth to minister for those who will inherit salvation (Hebrews 1:14).* Angels are working for us, but we have to give them instructions. So if we call upon our God for His angels to help us *"He sends His angels*

*like the winds, His servants like flames of fire (Hebrews 1:7)*". Don't let the angels unemployed and pray that your message will be brought to those not willing or open.

F. We can cast out demons on distance as written: <sup>21</sup> *Then Jesus left Galilee and went north to the region of Tyre and Sidon.* <sup>22</sup> *A Gentile woman who lived there came to him, pleading, "Have mercy on me, O Lord, Son of David! For my daughter is possessed by a demon that torments her severely."* <sup>28</sup> *"Dear woman," Jesus said to her, "your faith is great. Your request is granted." And her daughter was instantly healed (Matthew 15:21, 28).*

There is no one like the God of Israel. He rides across the heavens to help you, across the skies in majestic splendor. The eternal God is your refuge, and his everlasting arms are under you (Deuteronomy 33:26-27).

*Thus says the LORD God of Israel: 'Let My people go, that they may hold a feast to Me in the wilderness (Exodus 5:1).* Satan must let us go, we will have a feast, within the spiritual Kingdom of God, in occupied territory, called the earth.



Yours in His service,  
Kees Heijstek  
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